

MTHSSA HIGH SCHOOL REGIONAL CHAMPIONSHIP 2026

LESSONS POOL OPEN WARMUP BEGINNING AT 8:10 THROUGH COMPETITION

THIRD WARMUP 9:00-9:25

LESSONS POOL	DECK	Shallow pool	school	# swimmers	BULKHEAD	Deep pool	school	# swimmers
		8	Ensworth School HS 31	10		8	Siegel High School 11	11
		7		10		7	USN 10	10
		6		11		6	USN 3, Middle Tennessee Christian 2 Tullahoma HS 2 Franklin Co Chr 1, Winchester Chr 1	9
		5	Grace Christian academy 1, independence 25, summit 13, MTHEA-Makos 10	10		5	Tullahoma HS 10	10
		4		10		4	MLK	10
		3		10		3	MLK 8 Middle Tennessee Christian 2	10
		2		10		2	HFA 10	10
		1		9		1	HFA 2, Hillsboro 4, Valor 1, NSA 1 Kohr 1	9
		Total		80		Total		79

FOURTH WARMUP 9:25-9:50

LESSONS POOL	DECK	Shallow pool	school	# swimmers	BULKHEAD	Deep pool	school	# swimmers
		8	Rockvale High School 10	10		8	Goodpasture High 2, Liberty Creek High 4, Station Camp High 11, Hendersonville High 10, Merrol Hyde High 2, White House 1, Wizenread 1	10
		7	Rockvale High School 10	10		7		10
		6	Central Magnet High School 12	12		6		10
		5	Clarksville Academy 1, Ravenwood 10	11		5	Portland High 2 Beech High 3 St Andrew 6	10
		4	Ravenwood 12 <i>*may also share lane 3</i>	12		4	Lincoln Co 2, Fayetteville 3 Lebanon 6	11
		3	Abeka 1, Greenbriar 1 Loretto 1 Stewarts Creek 1 Davidson 2 Lipscomb 2	8		3	Riverdale 9	9
		2	Cornersville 2, forrest 1, marshall co 5	8		2	Green Hill 3 Coffee Co central 6, Shadden 1, Gipson 1	11
		1	Smryna 12 <i>*may also share lane 2</i>	12		1	Green Hill 11	11
		Total		83		Total		82