

MTHSSA Time Standards: 2025-2026

Boys				Event	Girls			
Region SCY	Region SCM	State SCY	State SCM		Region Q	Region SCM	State Q	State SCM
N/A	N/A	N/A	N/A	200 Med Relay	N/A	N/A	N/A	N/A
2:19.99	2:35.19	1:54.39	2:06.79	200 Free	2:34.99	2:51.79	2:08.09	2:21.99
2:44.99	3:03.39	2:10.39	2:24.89	200 IM	2:54.99	3:14.29	2:27.99	2:44.29
26.49	29.59	23.29	26.09	50 Free	29.99	33.59	26.29	29.39
1:16.99	1:25.79	56.89	1:03.39	100 Fly	1:24.99	1:34.49	1:05.59	1:12.89
1:01.99	1:08.89	51.19	56.89	100 Free	1:07.99	1:15.69	57.69	1:04.19
6:19.99	5:33.69 (400)	5:19.29	4:40.39 (400)	500 Free	6:39.99	5:50.89 (400)	5:55.39	5:11.79 (400)
N/A	N/A	N/A	N/A	200 Free Relay	N/A	N/A	N/A	N/A
1:14.99	1:23.39	:59.49	1:06.09	100 Back	1:18.99	1:27.79	1:04.69	1:11.89
1:20.49	1:29.39	1:05.09	1:12.29	100 Breast	1:29.99	1:40.09	1:15.69	1:24.19
N/A	N/A	N/A	N/A	400 Free Relay	N/A	N/A	N/A	N/A

SCY = short course yards (25-yard pools) SCM = short course meters (25-meter pool)